



# Strengths Inventory

## PERSONAL

Accurate

Action oriented

Ambitious

Analytical

Appreciative

Artistic

Athletic

Authentic

Bravery

Caring

Clever

Compassionate

Charming

Communicative

Confident

Considerate

Courageous

Creativity

Critical thinking

Curiosity

Dedicated

Determined

Disciplined

Educated

Empathetic

Energetic

Entertaining

Enthusiastic

Fairness

Flexible

Focused

Forceful

Forgiveness

Friendly

Generous

Gratitude

Helping

Honest

Hope

Humility

Humorous

Idealistic

Independent

Inspiring

Integrity

Intelligent

Kindness

Knowledgeable

Leadership

Lively

Logical

Modesty

Motivated

Observant

Optimistic

Open

Originality

Organized

Outgoing

Patient

People skills

Perseverance

Persuasive

Persistent

Practical

Precise

Problem solving

Respectful

Responsible

Self assured

Serious

Self controlled

Speaking

Spirituality

Spontaneous

Social intelligence

Social skills

Straightforward

Strategic thinking

Tactful

Team oriented

Thoughtful

Thrifty

Tolerant

Trustworthy

Versatile

Visionary

Vitality

Warm

Willpower

Wisdom



# Strengths Inventory

## General Strengths Workplace

Activating	Discovering	Influencing	Persuading
Adapting	Data input	Initiating	Planning
Administering	Empathizing	Innovating	Preparing
Analyzing information	Evaluating	Interviewing	Presenting
Arranging	Examining	Instructing	Problem-solving
Advising	Explaining	Judging	Proof reading
Budgeting	Editing	Learning	Prioritizing
Building teams	Empowering	Listening	Questioning
Balancing	Finding	Locating	Qualifying
Communicating	Fixing	Launching	Researching
Controlling	Formulating	Leading	Resolving
Coordinating	Finalizing	Managing	Reviewing
Creating	Guiding a group or individual	Mentoring	Selling
Checking	Gathering information	Monitoring	Setting-up
Counseling	Generating ideas	Motivating	Supervising
Compiling	Giving feedback	Meeting people	Simplifying
Coaching	Helping	Marketing	Speaking
Deciding	Handling	Negotiating	Strategizing
Detailing	Hosting	Navigating	Teaching
Developing people	Imagining	Observing	Team-work
Directing	Implementing	Organizing	Trouble-shooting
		Overseeing	



# Strengths Inventory

## Write Out Your Strengths

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.